

Summer 2021/2022

Cockburn Seniors Centre

Activities

EVENTS

Lunch Specials

Christmas Lunch

Wednesday 8 December \$20

Thursday 9 December \$20

11am – 1.30pm

Scrumptious 3 course meal with all the Christmas trimmings.

Christmas Lunch Special

Monday 20 December \$15

Midday – 1.30pm

3 course Christmas themed lunch

Boxing Day Luncheon

Wednesday 22 December \$15

Midday – 1.30

3 course lunch

New Years Lunch

Wednesday 5 January \$15

Midday – 1.30pm

Welcome back to the Centre. Celebrate with a 3 course lunch

Australia Day Luncheon

Monday 24 January \$15

Midday – 1.30pm

Celebrate Australia Day with a 3 course lunch. Bookings Essential.

Chinese New Year Luncheon

Monday 31 January \$15

Midday – 1.30pm

Celebrate Chinese New Year with scrumptious Chinese buffet style food. Bookings Essential.

World Cancer Day Lunch

Friday 4 February \$15

Midday – 1.30pm

Cancer impacts many of us. We will be raising money for a worthy cause. 3 course meal.

Valentine's Day Luncheon

Monday 14 February \$15

Midday – 1.30pm

Valentines luncheon come and make some new friends and enjoy each other's company. 3 course meal

Diabetes Fundraiser Luncheon

Monday 28 February \$15

Midday – 1.30pm

Join us for a healthy lunch. Learning how to use the Type 2 Diabetes risk calculator. 3 course meal

9 Coleville Crescent Spearwood WA 6163 9411 3877 csc@cockburn.wa.gov.au
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Café Specials

Complimentary tea or coffee

Tuesday 7 December

Tuesday 18 January

Tuesday 22 February

9am – 1pm

Spend \$4 or more on food in the café and receive a complimentary cup of cafe tea or coffee.

Christmas Special

Thursday 16 December \$10

9am – 1pm

Scrumptious Christmas food.

Welcome Back Special

Thursday 11 January \$10

9am – 1pm

Welcome back to the café Thursday

Chinese New Year Special

Tuesday 1 February \$10

9am – 1pm

Join us to celebrate Chinese New Year

Valentines High Tea

Thursday 10 February \$10

Doors open 11am

Join us for a fabulous high tea

Sundowner

4 - 7pm \$5

BYO food and drinks (no spirits allowed). Soft drink and food available to purchase on the night. Shuttle bus available for pick up and return home, bookings before the event are essential. Pre-booking and payment required before the night.

Chain Reaction

Friday 3 December

Indiana

Friday 7 January

DJ Sam

Friday 4 February

Quiz

1-3pm Free

Prizes for the winning team. Come along on your own and names for each table will be drawn at 1pm

Friday 10 December

Friday 14 January

Friday 11 February

Bingo

1 - 3pm \$2 per book

Eyes down at 1.15

Friday 17 December

Friday 21 January

Friday 18 February

Concert

Bad Sing Along Christmas Carols

Wednesday 15 December FREE

12.45pm

Let's sing our hearts out with a few sing along carols. Open to all singer levels good or bad.

Hearing Checks

3rd Tuesday of the month - FREE

10.30 – midday

Contact Sharon: 0437 802 693

COURSES

Art Classes

Introduction to Drawing

3 Weeks - \$24

Monday 10, 17 and 24 January

1.30 – 3.30pm

This class is a safe, comfortable and fun environment for those of all skill level from people who think you cant draw a stick man to people who want to learn more advanced techniques. This is a class for everyone. Students to bring A3 sketch pad, HB and 2B pencils

Bookings and payment essential

Lets Draw Landscapes

4 Weeks - \$32

Monday 7, 14, 21 and 28 February

1.30 – 3.30pm

Learn to draw both landscapes and seascapes. Gain an understanding of perspective, composition and layout. All skill levels welcome. Students to bring A3 sketch pad, HB and 2B pencils, eraser and black biro pens. Bookings and payments essential.

Computer Classes

Computer for Beginners

6 Weeks - \$48

10.00 – midday

Thursday 17 and 24 February and 3, 10, 17 and 24 March

Learn how to navigate a computer, create a document and use the internet. Bookings and payment essential

iPad for Beginners

4 Weeks - \$32

12.30 – 2.30pm

Thursday 17 and 24 February and 3 and 10 March

Learn how to set up your iPad, download & use apps with touch, add an email account, learn how to operate the camera and sharing of photos and more. Bookings and payment essential

FREE INFORMATION SESSIONS

Safe and Found

Monday 7 February

9.30am

Safe & Found is an initiative introduced by the WA Police Force and the Australia Medic Alert Foundation. It can help Police locate people living with dementia or a cognitive impairment who get lost or are reported as missing. All residents of Cockburn are invited to attend this FREE Information Session run by a member of the WA Police Force.

Reducing Food Waste

Monday 14 February

9.30am

Learn about: The Giant bio-aste 'Mechanical Stomach' in Jandakot. How food is redeployed and used by welfare organisations such as Oz Harvest. Ways you can reduce food waste at home.

CALENDAR

December

Friday 3 December

Sundowner – Chain Reaction

Tuesday 7 December

Café Special – Complimentary tea or coffee

Wednesday 8 December

Christmas Lunch

Thursday 9 December

Christmas Lunch

Friday 10 December

Quiz

Wednesday 15 December

Christmas Carols

Thursday 16 December

Café – Christmas Special

Friday 17 December

Bingo

Monday 20 December

Lunch Special – Christmas Dinner

Wednesday 22 December

Lunch Special – Boxing Day Luncheon

Friday 24 December

Centre Closed

Monday 27 December

Public Holiday - Christmas Day

Tuesday 28 December

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Public Holiday - Boxing Day

Wednesday 29 December
Centre Closed

Thursday 30 December
Centre Closed

Friday 31 December
Centre Closed

January

Monday 3 January
Public Holiday - New Years Day

Wednesday 5 January
Lunch Special – New Years Day

Friday 7 January
Sundowner - Indiana

Thursday 11 January
Café Special – Welcome Back

Friday 14 January
Quiz

Tuesday 18 January
Café Special – Complimentary tea or coffee

Friday 21 January
Bingo

Monday 24 January
Lunch Special – Australia Day

Wednesday 26 January
Public Holiday – Australia Day

Monday 31 January
Lunch Special – Chinese New Year

February

Tuesday 1 February
Café Special – Chinese New Year

Friday 4 February
Lunch Special – World Cancer Day

Friday 4 February
Sundowner – DJ Sam

Monday 7 February
Information Session – Safe and Found

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Thursday 10 February
Café Special – Valentines High Tea

Friday 11 February
Quiz

Monday 14 February
Information Session – Reducing Food Waste

Monday 14 February
Lunch Special – Valentines Day

Friday 18 February
Bingo

Tuesday 22 February
Café Special – Complimentary tea or coffee

Monday 28 February
Lunch Special – Diabetes Fundraiser