



## PEAK Program Video Transcript

Hi there, are you a young person living in the City of Cockburn?

My name is David Castelanelli.

I'm a former Western Australian Youth Ambassador and also a success coach to Young people.

And I'm super excited to announce that we are running a new program for the City of Cockburn for all young people who are really struggling at the moment due to the Coronavirus crisis.

If you are struggling to stay motivated or you feel stressed out with all the stuff going On at the moment, you need to get involved with this new course that we're running. The course is called the PEAK Program. It's an online course that runs every week For eight weeks.

You can access the course anytime. All you have to do is register your interest with The City of Cockburn and let them know that you want to participate.

I can't way to see you inside the course, guys, and look forward to working with you Further.