

Speech by Mayor Logan K Howlett, JP
MAN v FAT Awards
Cockburn Bowling & Recreation Club
Tuesday, 21 May, 2019

Good evening ladies and gentlemen.

I am delighted to have been invited to attend tonight's awards ceremony in recognition of those of you who stepped forward to involve themselves in the inaugural MAN v FAT competition.

I acknowledge the Wadjuk people of the Nyungar Nation the traditional custodians of the land on which we meet and I pay respect to their Elders both past and present and extend that respect to Aboriginal people who may be with us tonight.

I acknowledge:

- Mr Lennon Smart, Program Manager MAN v FAT Soccer);
- Ms Gloria Askander, Health Promotion Officer, City of Cockburn;
- Clory Carrello (CEO) Cockburn Integrated Health;
- Season 1 participants;
- Season 2 aspiring participants;

- Ladies and gentlemen, one and all.

I acknowledge the sponsors of the MAN v FAT Competition that has just concluded being:

- City of Cockburn;
- UWA Sports;
- Healthway;
- Football West;
- Cockburn Integrated Health; and
- Area 5

The first Australian MAN v FAT weight loss soccer program was piloted by UWA Sports in 2018. The UWA season saw 88 players, 8 teams and a total weight loss of 515kgs for season 1 and 360 (to date) for season 2.

The City of Cockburn is proud to be the first City/Council in Australia to deliver the MAN v FAT soccer program for men in the Cockburn area.

The success of the program has been phenomenal with the first season having 88 players, 8 teams (even a small waiting list) and a total weight loss of 370kgs at week 7.

We can see from these results what a success the MAN v FAT program really is.

Tonight I am very pleased to be here to congratulate each and every one of you for your tremendous effort and to present the perpetual trophy to the winning team who has lost the most combined weight and scored the most points through kicking goals.

That team for the Cockburn **Season 1 2019** is:

'No Gut No Glory'

and the Biggest Loser trophy presented to the player who has lost the most weight for Cockburn **Season 1 2019** is:

'David Batt'

In closing, the City runs many programs and sponsors others all with the aim of creating a healthier community that is proactive in our diet selection, exercise programs and mental well-being.

Congratulations to the sponsors and importantly to the Season 1 participants and those who will be registering for Season 2.

Thank you.