



COURSES SEMINARS & EVENTS



**Mamma Mia
at Crown!**

Welcome!

The Cockburn Seniors Centre has a broad range of member-only programs and activities to promote physical activity, social connection and mental wellness for over 50's!

Drop in for a delicious meal – served on Mondays, Wednesdays and Fridays. On Tuesdays and Thursdays you can enjoy our café from 10am–1.15pm.

The Centre also has many exercise classes, social activities, groups and various services on offer, so pick up our latest timetable, January - March 2018.



\$8

**Sun
Rising**

CONCERTS

Sun Rising \$8

Friday 9 March, 1pm

Afternoon tea provided

You are promised an unforgettable afternoon as 'Sun Rising' - the songs that Made

Memphis', perform their critically acclaimed theatre show at the Cockburn Seniors Centre.

For the last four years this show has travelled the country playing sold out performances and dazzling crowds.

Bookings essential, Members only

Bookings and Payments essential for all events and are for Members only, unless noted.

EVENTS

Sundowner \$4

Friday 2 March, 4-7pm
Live entertainment 'Indiana'.

Classic Movie Club FREE

Sunday 4 March, 9am
hosted by Bob Edwards

MOON OVER MIAMI (1941) ★★★★★

Starring Betty Grable, Don Ameche and Robert Cummings. Sparkling musical in glorious technicolour!

THE 39 STEPS (1935) ★★★★★

Starring Robert Donat & Madeleine Carroll.
Memorable early Hitchcock thriller – one of his best!

Play Board Games FREE

Tuesday 6 March, 12.30pm-3pm
Enjoy playing board games in the café area.
Join us. Open to all members and residents!

LiveLighter Seniors Activity Day and Information Day FREE

Wednesday 14 March
Seniors Recreation Council presents its popular 'come and try' activity day for over 50's. *City of Cockburn residents over 50.*

Harmony Day Afternoon Tea* FREE

Wednesday 21 March, 1.30pm – 3pm
Harmony Day is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home. *Bring a plate to share and come dressed in your customary clothing!

Movie Meal Deal: 'Victoria and Abdul' \$10

Friday 23 March, 12pm
Three course lunch included, lunch served 12pm, movie on the big screen 1pm.

Easter Buffet \$17

Wednesday 28 March, 11.30am
Get ready to start your Easter weekend with our yummy buffet lunch.

SEMINARS

Senior Information Morning Tea: Age Pension, Retirement and Super Your Choices FREE

Monday 19 March, 9.30am
Be informed about what the age pension is and learn about what you might be eligible for in retirement.

PLAYS

Mamma Mia The Musical Crown Theatre \$73.95

Wednesday 27 June, 10.30am – 5pm
Includes transport from Cockburn Senior Centre
Book now and pay by the 4 May 2018

Disney Aladdin The Hit Broadway Musical Crown Theatre \$85.25

Wednesday 1 August, 10.30am – 5pm
Includes transport from Cockburn Senior Centre
Book now and pay by the 1 June

