



28 November 2019

## Cockburn ARC lifeguards to make a splash in Busselton

Eleven Cockburn ARC lifeguards will compete in the highly sought-after SunSmart Busselton Jetty Swim, as committed role models of the aquatic and recreation centre's motto 'More people, more active, more often'.

Casual Cockburn ARC lifeguard and law student Liam McMahon will attempt the 3.6km solo swim around the jetty.

He will be joined by three other men and seven women from Cockburn ARC who are set to dive into their first open water swim event at the Busselton event in February.

"We collectively decided to form a group for the Jetty Swim by pure coincidence; it was one of those 'I've always wanted to do it' moments that just so happened to be shared by other lifeguards," Mr McMahon said.

"We have three solo swimmers, two teams of two, and one team of four."

The lifeguards are training at ARC two or three times a week and will complete some practice swims at Coogee Beach to adjust to the open water environment.

"It's an extension of the Cockburn ARC team demonstrating it's more than just a job – we're showing we are a close group as well as promoting the ARC's 'More people, more active, more often' motto," Mr McMahon said.

Event organisers have taken a record 3,100 entries for next year's event, with registrations selling out in just over 3.5 hours.

The Busselton Jetty Swim will celebrate its 25<sup>th</sup> year of delivering a safe, affordable, inclusive and accessible swim event on February 8 and 9, 2020.

For more information, go to www.busseltonjettyswim.org.au.





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