

## **Reducing Household Waste – Going above and beyond to reduce waste**

### **Mark – Spearwood Resident**

So when we got our own waste under control we wondered what else we could do as a family, as a street and a suburb to help. And one of the things we do is if there's not enough leftover food for our guinea pigs we'll go to one of the local markets and we'll get some things like lettuce leaves, celery stalks, leftovers that they can't sell and because most of that's just going straight to the rubbish bin anyway. So even though it's only a small amount and we might bring two or three grocery bags home, so that stuff that doesn't go into landfill. On top of that only a few days ago we wondered whether some of the local cafes where we go and have coffee or breakfast would keep their coffee grinds aside and we could add that to our compost bin. Even though you might think well, what am I going to do with kilograms of coffee, you'd be surprised how quickly they go through the food and it might only be that we can take one day's worth of coffee grinds but if I can get a few neighbours to do it and say hey how about we each take one day's worth of coffee grinds from one cafe, all of a sudden their problem of what to do with it is solved.

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