Reducing Household Waste – What to do with cooking oil and other fats

Mark – Spearwood Resident

The other one that people have left over is oil so from deep frying stuff for kids. We've had a lot of oil in a fry pan so you can wipe the fry pan out with paper towel and the worms will take on and just eat as well. The other one is you can actually pour oil straight into a compost bin. So people think that's a bit odd but the microorganisms will break it down, so we put anywhere from a hundred mils to maybe a litre of oil into the compost bins every week which is quite a bit but it just manages to vanish.

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