

3 Course Luncheons

DECEMBER

Christmas Lunch

Wednesday 10th December | \$27

Booked Out - Waitlist Available

Doors open 11am

JANUARY

Australia Day Luncheon

Wednesday 21st January | \$19.50

Doors open 11am

Centre Closure Dates

The centre will also be closed on

Friday 19 December 2025

Monday 26 January 2026

Christmas Centre Closure Dates

The last day of operation for 2025
is **Tuesday 23rd December**

The centre will be **closed** from
Wednesday 24 December to
Sunday 4 January and will
re-open on **Monday 5 January**,
however, meals will not resume until
Tuesday 6 January.

Special Event

Dave Gray Presents
Climbing Mount Everest

Wednesday February 4

11.20am

Dining room.

Light refreshments included after.

*RSVP by 2nd Feb 2025



Cafe

Cafe is open Tuesdays &
Thursdays for orders from
8.30am until 12.45pm

DECEMBER

Thursday 18th

Christmas Cafe - Last Cafe for 2025

\$9 Hot Option: Glazed ham & gravy &
seasonal vegetables.

\$6 Sweet Option: Fresh fruit salad with mint.

JANUARY

Tuesday 6th

Cafe Welcome Back

\$9 Hot Option: Battered fish & chips

\$6 Sweet Option: Vanilla ice cream
with mixed berry coulis

FEBRUARY

Tuesday 10th

Chinese Cafe Day

\$9 Hot Option: Honey soy
chicken with steamed rice

\$6 Sweet Option: Chiffon
Cake with cream



Tuesday 17th

Shrove/Pancake Day

\$9 Hot Option: Pancakes



Art Classes WITH VICKI

Charcoal Drawing

2 Week Course - \$24

Monday - 1st & 8th December

1.30pm – 3.30pm Dining room

Learn the subtleties of working with charcoal.

Students to bring: Just an HB pencil and an A3 Sketchpad.

Limited spaces available



Basic Drawing - Perspective

2 Week Course - \$24

Monday - 12th & 19th January

1.30pm - 3.30pm - Dining room

Learn perspective rules, make your drawings look more realistic.

Students To Bring: A3 sketchpad, HB and 2B pencils, eraser.

Limited spaces available



Landscapes

4 Week Course - \$48

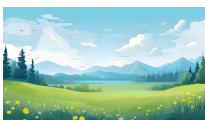
Monday - 2nd 9th 16th & 23rd
February

1.30pm - 3.30pm - Dining room

Learn the rules to create beautiful and interesting landscapes.

Students To Bring: A3 sketchpad, HB and 2B pencils, eraser.

Limited spaces available



Art/Craft with Vicki

NEW Basket making
Tuesdays

9.00am - 2.00pm
Dining room

FREE

Rug making
Thursdays

9.00am - 11.00am
Activity room

Volunteer Thank You Lunch

We held our annual Thank You Volunteer Appreciation Luncheon on Friday 29 August

It was our pleasure to announce **Lorraine** as the winner of the **Volunteer of the Year Award**

Lorraine has dedicated **7** years to the Seniors Centre and runs our plant fundraising from propagating and getting plants flourishing to organising collection of plants and cuttings from our member base and other sources.

If you see **Lorraine** around the centre, please be sure to congratulate her and thank you all for supporting our fundraising efforts. We could not do it without you as well.



New Fitness Classes

Chair Yoga

Now also on Mondays 8.50am - 9.50am

Main Hall - \$6 Pay to reception staff.
A gentle form of yoga that can be done sitting on a chair or standing on the ground while using the chair for support

Twisted Shuffle

Wednesdays 10.15am - 11.15am

Main Hall - \$10 Pay direct to Instructor
Combining dance and physical activity to keep you active in a safe and friendly environment. No partners required.

Get Low

Thursdays 9.00am - 10.00am

Main Hall - \$6 Pay direct to Instructor
Low impact full body workout using dance, boxing, light cardio and seriously good music.



Quiz

Friday 12 December

"Christmas Quiz",

16 January, 13 February

1.00pm - 3.00pm

Prizes for the winning team. Come along on your own or with others and names for each table will be drawn at 1pm.

Christmas

MEGA
Bingo



Friday 5 December

1.00pm - 3.00pm

\$2.50 per book

(3 or 6 books only)

Eyes down at 1.15pm

Free Information Sessions

Thursday 12 February

9.30am – 10.30am

**SPECIALIST
FINANCIAL
SOLUTIONS**

SIMPLY MORE FLEXIBLE

During this session a Financial Planner will:

Give an overview of the superannuation and the retirement system in Australia

Explain the tax implications how to minimise tax and maximise super in the lead up to retirement

Understanding how to fund your lifestyle using both superannuation and Age Pension

Maximising your entitlement to Age Pension

Investment strategies for superannuation during retirement