

# Cockburn Community Group News

## Very Important Volunteer



Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Signature: \_\_\_\_\_

Expires 30/6/2011 No: \_\_\_\_\_

Cockburn Gazette  
#Community



### Dive into Rewards

ALL Cockburn volunteers are entitled to discounts at more than 70 Cockburn businesses.

Do you have your free reward card for 2010 – 2011?

To find out more email: [volunteering@cockburn.wa.gov.au](mailto:volunteering@cockburn.wa.gov.au) or phone the Cockburn Volunteer Resource Centre on 9411 3490

<http://volunteering.cockburn.wa.gov.au>

### Artzplace Dazzles Audience

Local group Artzplace held its 9<sup>th</sup> Art Exhibition in November at Memorial Hall in Hamilton Hill. There were eighty artworks submitted for the exhibition, a record number for the group. From flowers to landscapes, abstracts to digital, big and small; there was something for everyone.

If you are creative, arty and would like to join this group of enthusiasts, bring your own materials on the first and third Monday of each month and create your own masterpiece.

Contact Biruta 9434 1351 or Eunice 9410 1682.

## Upcoming Events



### Thank A Volunteer Day

A day for organisations to celebrate their volunteers and say a big 'thank you'.

When: 5<sup>th</sup> December

For recognition ideas and tips call the CVRC on 9411 3490 or visit [www.morevolunteers.com.au](http://www.morevolunteers.com.au)

### Joys of the Women Italian Choir Welcome Walls Performance

Come and enjoy the Choir's performance at the fourth and final Welcome Walls Ceremony

When: 11<sup>th</sup> December, 12pm – 1pm

Where: Maritime Museum, Fremantle

Contact: Licia 0418 826 114

### City of Cockburn Funding Opportunities

The next round for Grants, Donations and Sponsorship opportunities is March 2011.

Applications close 31 March 2011.

Contact: Wilmari 9411 3583

## Community Christmas Events

### Christmas By The Lake

When: 5pm-9pm, Saturday 4<sup>th</sup> December

Where: Harvest Lakes Oval, Aurora Drive, Atwell

Contact: Maria on 9498 5246

### Beeliar Family Christmas Concert

When: 5.30pm start, Sunday 5<sup>th</sup> December

Where: Beeliar Oval, The Grange, Beeliar

Contact: Pat on 9437 4189

### Success Community Christmas

When: 4pm – 8pm, Saturday 11<sup>th</sup> December

Where: Success Regional Sporting Facility, Hammond Rd, Success

Contact: Karina 0407 389 955

### Eden Green Christmas Show

When: Sunday 12<sup>th</sup> December

Where: Eden Green Public Open Space, Macquarie Blvd, Hammond Park

Contact: Ago 9498 7333



## Hi T for Carer's Week

SMP Fremantle lifeskills2work has been providing support services for people with disabilities through employment options and life skills development since 1994. Virginia, Caitlin & Sonia, from SMP, hosted a special Hi T event as part of Carer's Week celebrations in October, which attracted 40 guests. Hi T is a post-school options volunteer program delivering morning and afternoon tea to the community, including a weekly spot at a local aged care facility.

SMP participants served tea and enjoyed conversation with guests. The program enables participants to engage socially with the broader community and develop a sense of independence and grow their hospitality skills.

Anybody interested in booking the Hi T team can contact Julie Power on 9317 3155.

### In this month's issue:

Judith Whitaker: Quilter .....	2
Hearty Success.....	2
New Nets for Cricket Clubs .....	3
Fun Day at the Beach .....	3
Upcoming Events .....	4

## Le Gioie delle Donne Celebrates 20 Years

On 14 November 1990, the *Joys of the Women (Le Gioie delle Donne) Italian Choir* held it's first ever performance at the Fremantle Arts Festival.

Twenty years on, the choir performed once again at this year's Fremantle Festival on Saturday 13 November in the *Global Voice Multicultural Choir Concert* at the Fremantle Town Hall.

The choir has had an illustrious career; performing in Canberra and most Australian States. A highlight for the group — performing in the Millennium Celebrations with the West Australian Symphony Orchestra at Cottesloe Beach in 2000.

This voluntary group of ladies love to share their Italian heritage and culture through music and song performing at community events, schools, aged care facilities and festivals.

Licia Stazzonelli from Joys of the Women welcomes new members to join the group during practice on Tuesday nights at Spearwood Primary School.

Contact Licia on 0418 826 114.





## Judith Whitaker: Quilter

In September, St Michaels and All Angels Anglican Church Spearwood hosted a talk by quilter Judith Whitaker. Judith is a talented amateur quilter who has been involved in the art of quilting since 1984. Examples of her work were on display to illustrate different quilting styles & patterns.

Judith is a member of the West Australian Quilters' Association, her quilts have won prizes at the annual QuiltWest exhibition and she has had three original projects published in the Australian Patchwork & Quilting magazine.

Like many quilters, Judith is involved in a number of projects; donating two quilts to the bushfire relief effort in Victoria, as well as making quilts for the Blankets of Love project at Maternity Hospitals, quilts for newly arrived refugees and any needy causes she comes across.

St Michaels and All Angels Anglican Church would like to thank Judith for all of her hard work and dedication.



## Hearty Success

Heartthrobs Health & Fitness supported the 10<sup>th</sup> anniversary of Walk Week by holding the *Heartthrobs Morning Walk for Heart Foundation* at Coogee Beach. On Saturday 6 November, 25 walkers took part in the community event and raised a total of \$825 for the Heart Foundation.

Heartthrobs is a not-for-profit group which was formed in 2007, since then the group has grown in numbers and many members can be spotted frequently exercising in the Coogee area.

The group also actively promotes various charities and takes part in several organised charitable events each year, raising over \$10,000 since Heartthrobs began.

To find your local walking group or to set up your own walking group visit [www.heartfoundation.org.au/walking](http://www.heartfoundation.org.au/walking)



## New Nets for Cricket Clubs

New nets were unveiled recently at Davilak Oval; home to the Cockburn Senior and Junior Cricket Clubs. Purchase of the two cricket nets was made possible by \$4,000 contribution from the Senior club and support from the City of Cockburn.

At the unveiling, on Friday 8 October, Mayor Logan Howlett & Deputy Mayor Kevin Allen were announced as patrons of the Cockburn Junior Cricket Club. Maria Goddin, Cockburn Junior Cricket Club spokesperson, said their support as patrons was a valuable contribution to an excellent working relationship between community cricket and the City of Cockburn.

Cockburn Junior Cricket Club has been providing cricket to children in the community for over 42 years and is still going strong with over 200 players and many volunteers.

## Fun Day at the Beach

Coogee Beach Surf Life Saving Club and Wheelchair Sports Association joined forces on Saturday 9<sup>th</sup> October for a fun



day of Surf Life Saving activities. While on a weekend camp at Woodman Point Recreation Centre, children from the Wheelchair Sports Association spent the morning in the surf with young people from the surf life saving club.

Club representative, Sharyne Alberts, said it was a fantastic morning with approximately 23 children from the Wheelchair Sports Association and an equal number of volunteers from Coogee Beach Surf Life Saving Club involved.

A sense of achievement and a great deal of fun was had by all, especially during a Paddling Race on the Surf Rescue Boards, she said.

The Surf Life Saving season has commenced and Coogee Beach Surf Life Saving Club welcomes new members. Pop down to the club on Sunday mornings before 9am if you are interested in becoming involved.

## Youth Group Celebrates Birthday

FrontLine Youth Group celebrated its fourth birthday this year – coming a long way from its humble beginnings at the Beeliam Community Centre.

The group was formed by nine young adults who wanted a safe environment for young people to hang out on a Friday night. Coordinator Dan Sheik said it is often the first point of contact for those who need assistance with anything from mentoring to help with homework in a fully supervised, drug and alcohol free environment.

FrontLine is now based in Bibra Lake, with over 60 young people visiting each week. Contact Dan Sheik: 0433 402 626.

## Send us your News, Events or Stories

Promote your Organisation Events or Volunteers

**New Monthly E-newsletter** distributed last Thursday monthly. Deadline for items 20th of each month. Email story ideas/text to [volunteering@cockburn.wa.gov.au](mailto:volunteering@cockburn.wa.gov.au)

**Tri-annual Cockburn Community Group News** hardcopy newsletter to 700 organisations and volunteers. Distributed August, December & April - Deadlines for items: August Edition:19th July; December Edition:17th November; April Edition:17th March. Email story ideas/text to: [volunteering@cockburn.wa.gov.au](mailto:volunteering@cockburn.wa.gov.au)

**Cockburn Soundings** Cockburn Community Group News - a four-page spread twice yearly. Distributed December & June Deadline for items 15 October and 25 April respectively. Email story ideas/text to: [communitydevelopment@cockburn.wa.gov.au](mailto:communitydevelopment@cockburn.wa.gov.au)

## New look Cockburn Community Portal

[www.cockburncommunity.asn.au](http://www.cockburncommunity.asn.au)

**Free website and group email available**

**Join Facebook** to promote events, share info and chat online to other community groups

**Volunteer Opportunities** register volunteer positions to promote on the new Volunteer Opportunities page.

**Resources** facts sheets and registers (auditors, grants, community buses, equipment)

**Community Signs** promote your activities, events and meetings.

**Co Info Database** online community group database to be updated six monthly.

**To find out more visit [www.cockburncommunity.asn.au](http://www.cockburncommunity.asn.au)**

