

Cockburn Community Group News

Very Important Volunteer

Name: _____
 Organisation: _____
 Signature: _____

Expires 30/6/2011 No: _____

Cockburn Gazette
 #Community

City of Cockburn
 wetlands to watch

Dive into Rewards

ALL Cockburn volunteers are entitled to discounts at more than 70 Cockburn businesses.

Do you have your free reward card for 2010 – 2011?

To find out more email: volunteering@cockburn.wa.gov.au or phone the Cockburn Volunteer Resource Centre on 9411 3490

<http://volunteering.cockburn.wa.gov.au>

Project Win for BRAG



The Beeliam Residents Advancement Group is on the home stretch with its Keeping Beeliam Fit project. The project will provide three pieces of outdoor exercise equipment, with two exercise types per machine.

The equipment will be located at Beeliam Oval near the Community Centre and will be promoted as the starting point for the Be Active Beeliam Walk Trails. The equipment is expected to be installed by mid-September 2010.

The group secured funding for the project from Alcoa, City of Cockburn and PRM Property.

Upcoming Events

Neighbourhood Aussie Breakfast

Harvest Lakes Residents Association invites Harvest Lakes residents to enjoy Sunday breakfast and activities
 When: Sunday 17th October, 9am – 12pm
 Where: Harvest Lakes Oval, Aurora Drive

Festival of the Lakes

Friends of Cockburn Wetlands
 When: Saturday 9th October, early morning – 4pm
 Where: Cockburn Wetlands Centre and the Bibra Lake Recreation Area, Progress Drive
 Contact: Felicity 0419 044 986

Arts & Craft Exhibition

Cockburn Community & Cultural Council
 When: 12:30pm – 4:30pm Saturday 16th
 9:30am – 4:30pm Sunday 17th October
 Where: Cockburn Cultural Council Chambers, Forrest Rd

Rotary Spring Fair

For more than 15 years, Rotary Club of Cockburn has hosted a community fair. Enjoy a fun day out
 When: Sunday 31st October, 11am – 8pm
 Where: Manning Park, Hamilton Hill

Artzplace Exhibition

Works by local artists
 When: Friday 12th November 2010
 Sunday 21st November, 10am-4pm daily
 Where: Memorial Hall, Rockingham Rd

Community Christmas Events

If you are interested in being involved in your local community Christmas event please contact:

Christmas Carols by Candlelight

When: Saturday 4th December, 6.30pm – 9.30pm
 Where: Harvest Lakes Oval, Aurora Drive
 Contact: Maria 9437 4189

Beeliam Christmas Party

Beeliam Christmas Concert
 When: Sunday 5th December, 5.30pm start
 Where: Beeliam Oval, The Grange
 Contact: Pat 9437 4189

Success Community Christmas

When: Saturday 11th December, 4pm- 8pm
 Where: Success Regional Sporting Facility, Hammond Rd
 Contact: Karina 0407 389 955

Eden Green Christmas Show – Hammond Park

When: Sunday 12th December, time to be advised
 Where: Eden Green Public Open Space, Macquarie Blvd
 Contact: Ago 9498 7333



Psychic & Healing Fair Proves Popular

More than 300 people enjoyed the Psychic & Healing Fair at Memorial Hall on Saturday 31st July. The fair attracted 25 stalls offering a range of spiritual, psychic and healing options from tarot, reiki pranic healing to clairvoyants and stalls with crystals, spiritual books and jewellery. Also on offer were delicious morning and afternoon teas.

Jan Langley, from the Yangebup Progress Association (YPA) said everyone was asking when the next fair was happening. She said it was a great feeling through out the day with lots of positive feedback. Jan said healers using the round room commented that it was a perfect space for healing as the room had a very calming energy.

The YPA Leisure Group established the event in 2009 after securing a Sustainable Events grant. Special thanks to City of Cockburn, Fran Logan, Bunnings Bibra Lake and management of Lakes Shopping Centre, South Lake.

Stalls available at Rotary Spring Fair

Held in Manning Park on the last Sunday in October annually, the Spring Fair is a popular event which has been running for 15 years. With attendances each year of up to 10,000 people and over 80 stalls, it is a great promotional and fundraising opportunity for community groups.

Stallholders are required for this event and for a small cost you can sell, fundraise, perform or promote your organisation to a large market. If insurance is an issue, the Spring Fair committee has organised cover for stallholders without the appropriate insurance.

The Rotary Club of Cockburn also invites community members to donate any goods they might have, to be sold at the Rotary Bric-a-Brac stall, with all funds going to community projects in the Cockburn area.

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Pictures:
 Clairvoyant reader Pam from Simply Spiritual
 Fairy Sandie with Bella Doran, age 6

Invite a Storyteller To your meeting or event

Want to hear an inspiring story? Have a storyteller at your next meeting or event and gain insight to the life of a person with an intellectual disability.

The Lost Generation Project, which worked in the City of Cockburn in 2008, is about finding the lost stories of people with intellectual disabilities, many of whom have been institutionalised for most of their lives. It is about hearing these stories, recognising and celebrating people who have traditionally been socially isolated.

The 15 Storytellers residing in the City of Cockburn are continuing to share their stories with their communities in local events. One of these events is the City of Cockburn's monthly Disability Awareness training sessions. These sessions aim to give staff a better understanding of the lives of people with disabilities.

The project is a partnership with Disability Services Commission's Accommodation Services Directorate and since 2006, has worked with 260 individuals across 10 local government areas with 186 short films made during that period.

If you would like to have a storyteller share his or her story at your event, please contact Jacqueline at DADAA Inc at 9430 6616 or Jackie@dadaawa.asn.au

The **LOST GENERATION**
Project



Send us your News, Events or Stories.

Promote your Organisation, Events or Volunteers

New Monthly E-newsletter distributed last Thursday monthly. Deadline for items 20th of each month. Email story ideas/text to volunteering@cockburn.wa.gov.au

Tri-annual Cockburn Community Group News hardcopy newsletter to 700 organisations and volunteers. Distributed August, December & April - Deadlines for items: August Edition:19th July; December Edition:17th November; April Edition:17th March. Email story ideas/text to: volunteering@cockburn.wa.gov.au

Cockburn Soundings Cockburn Community Group News - a four-page spread twice yearly. Distributed December & June. Deadline for items 15 October and 25 April respectively. Email story ideas/text to: communitydevelopment@cockburn.wa.gov.au

Working Together at Olympic Gymnastic Academy

This year, the Olympic Gymnastic Academy and Olympic Fun & Fitness Centre for children celebrates 25 years in Jandakot. It was opened by the Minister of Sport and the City of Cockburn in 1985. Since its opening, the academy has grown to over 300 members.

In March 2010 six Cockburn girls formed part of a 21-strong team from the Academy to compete at the South West Games, coming away with 15 gold; 16 silver & 18 bronze. Following the success at this competition; local girls Taya Howe & Rachel Collings have been selected to compete at the 2010 Gymnastics Clubs of Australia Cup in Sydney along with seven other team mates.

A volunteer committee of parents is currently working together to raise funds to support the teams travel commitments. In August the girls will be participating in a Cartwheel-A-Thon, which allows kids to raise awareness and fundraise for others by doing something fun and active.

Working together the girls are aiming to do 650 cartwheels in 30 minutes. Club representative Val says I am sure everyone wishes them best of luck with this goal.



The team who competed in the South West Games celebrate back at their gym.

CEO out in the Cold

On the 17th of June 2010, Samaritans Crisis Line CEO Justine Colyer, spent a cold night at the WACA for charity. Justine took part in the St. Vinnies Sleep out to raise much needed funds for St Vincent de Paul's work raising \$1460.

The Crisis Line is a 24/7 support service for the lonely, despairing and suicidal, providing telephone, face-to-face and email support to all those in need. Samaritans Crisis Line also offers a support group to those who have lost a relative, friend or co-worker to suicide.

Samaritans Crisis Line can only operate with the kind help of volunteers.

If you think you could be one of these amazing people, check out the volunteers' page on the website <http://www.thesamaritans.org.au/volunteering/index.html>

Fundraising Success Story \$25,000 raised

After approximately four years of fundraising for shade sail structures, in 2010 the Coogee Primary School P&C determined it was the year the shade sail would be installed.



The P&C stuck with previous strategies - Entertainment Book, school disco and holding a Kapture Photography Studio weekend at the school, but also introduced new methods including cake stalls, sausage sizzles for the students, one held at Bunnings, and assistance was sought outside of the school.

Each family was asked to contribute \$50 to the shade sail project and letters were sent to local businesses seeking their support. Special thanks to support from parents, local businesses and a grant from the City of Cockburn.

The P&C has now set a new goal to raise another \$25000 to get a similar structure installed over the junior student playground. Fundraising activities over the remainder of the year will include a t-towel fundraiser with student artwork, more cake stalls, dress up days, promoting the fundraising group registration with www.mooco.com.au for their personalised products, and a sunscreen fundraiser among others.

There are plans to hold a Carols by Candlelight night late in the year, similar to one held last year, with some added features that will hopefully increase the fundraising potential of the night.



New look

Cockburn Community Portal

www.cockburncommunity.asn.au

Free website and group email available

Join Facebook to promote events, share info and chat online to other community groups

Volunteer Opportunities looking for volunteers then register your positions with the VRC and they will be promoted on the new Volunteer Opportunities page.

Resources facts sheets and registers (auditors, grants, community buses, equipment)

Community Signs promote your activities, events and meetings.

Co Info Database online community group database to be updated six monthly.

To find out more visit www.cockburncommunity.asn.au