

The Volunteer Wave

<http://volunteering.cockburn.wa.gov.au>



Issue 18
March 2009

Wetlands get a Helping Hand

Recently arrived American students spent a morning undertaking conservation activities at Yangebup Lake and Bibra Lake.

Students were involved in working with Environmental Services staff to remove non-native plants from Yangebup Lake and were then treated to a bird walk with a member from Birds Australia at Bibra Lake.



City of Cockburn Environmental Officer Linda Metz commented "This is a great opportunity for these exchange students to be introduced to some of the fantastic plants and animals that we have right here in the City. We really appreciate the time the students are giving up to help protect this valuable conservation area".

City of Cockburn Funding Applications Now Open

As advertised in the February edition of the Cockburn Soundings we are now accepting applications for City of Cockburn Grants, Donations and Sponsorship funding. The closing date for this round is **4.00pm on Tuesday 31st March 2009**. The various guidelines & forms are available on the City's website.

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Dive into
volunteering
at the City of Cockburn



Cockburn Volunteer Resource Centre
Phone: 9411 3490
volunteering@cockburn.wa.gov.au

VERY IMPORTANT VOLUNTEER

Name: _____
Organisation: _____
Signature: _____ Number: _____
Expiry: 30/06/2009

VERY IMPORTANT VOLUNTEER

Dive into volunteering in Cockburn...

Find out about the Very Important Volunteer Card discounts at 72 businesses around Cockburn!
Contact the Cockburn Volunteer Resource Centre today
Phone: 9411 3490 or
email: volunteering@cockburn.wa.gov.au



Cockburn Gazette



australia's aluminium

Have Your Say!

Passionate about the community you live in?
Want to get involved and be heard?
Join a residents association today!!!
There are associations throughout the Cockburn area.
It's a great way to meet new people and have a voice in the community.

For more info call the
Cockburn Volunteer Resource Centre
9411 3490

Indigenous Community Volunteers



A recent project held on a farm near Northam, Western Australia, revolved around the development of infrastructure on the property. The farm owner submitted an application to Indigenous Community Volunteers, who were able to provide a volunteer for an 8 week period. The volunteer assisted with shed construction and living quarters on the property. The project was also supported by the Indigenous Land Corporation .

This Could Be You!

Want to promote your organization?
Have an event you would like to advertise?
Want to share your stories?
Is there a volunteer you want to thank?
Let us know about it!!! Send your pictures and stories (no more than 100 words), for us to display in the next issue of the 'Volunteer Wave'.
Be sure to get in quick to secure a place!
volunteering@cockburn.wa.gov.au

National Volunteer Week[®]

11-17 May 2009

National Volunteer Week is Coming!

National Volunteer Week 2009 is fast approaching, and the Cockburn VRC needs your help!
If you have any ideas for an event to be held during NVW 2009, we want to hear from you!
Please email any ideas or suggestions you may have to:
volunteering@cockburn.wa.gov.au

Volunteering WA Training Opportunities

- **Step into Volunteering**
An informal introduction to Volunteering
- **Disability Awareness Training**
This workshop is aimed at organizations, volunteers or leaders who work with volunteers who have disabilities.

www.volunteeringwa.org.au
(08)9482 4333

The VRC is open for drop-ins on Wednesdays
When: 9am to 1pm
Where: Cockburn Youth Centre,
25 Wentworth Parade, Success



Autism Solutions Inc.



Autism Solutions Inc. is an organisation which supports individuals and families living with the Autism Spectrum. They provide Autism Awareness activities throughout the year, a forum, a website and dance classes. The dance classes allow children with Autism and their siblings the opportunity for purpose planned /specific creative dance classes in a relaxed, fun and supported environment. The organization is currently looking for volunteers for the positions of Dance Teacher/Choreographer and Dance Assistants.

Old Jandakot School Committee

New members needed!!

If you remember the "good old days" of horse hire, the Armadale train or sheep paddocks and when the Jandakot School was the centre of the known universe, then come along and join like minded people. The School has just been painted, the wooden floors have been polished and it looks at its best! Call Ian Whitfield on 9414 5245

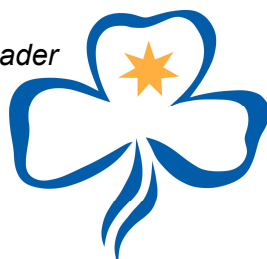
Go Guiding in Spearwood

Challenge yourself-be a Girl Guide Leader

Girl Guide Units meet weekly during school terms and are lead by trained volunteer Leaders.

Join Girl Guides for big rewards

For more information contact the Volunteer Resource Centre
(08)9411 34 90
volunteering@cockburn.wa.gov.au



GIRL GUIDES
AUSTRALIA
WESTERN AUSTRALIA

Free E-Book Available By Dr Judy Esmond

Want to know how to attract volunteers? Need tips on volunteer management? Dr Judy Esmond can help!
Visit the website for great information on Recruiting, Retaining and Recognizing Volunteers.
www.morevolunteers.com



Fremantle Heart Patients Support Group Inc.

Fremantle Heart Patients Support Group began in 1988 as a group of heart patients volunteering their services in giving support to other heart patients in Fremantle Hospital.



You may have already spoken to one of our volunteers during your time in hospital. Once you get home you may find there are questions you want to ask. You may want to talk to someone who has been there. You may just want reassurance. To find out more, please call the Cockburn Volunteer Resource Centre.

Cockburn Community Care

Open Day

When: Saturday 28th March
Where: Corner Ingram and Healy Rd Hamilton Hill
Time: 10.30am—2.30pm

Talks and demonstrations being held through out the day by:

- Safe City
- FESA
- Thai Chi Demo

Sausage sizzle

Bouncy Castles and kids entertainment

Devonshire Teas

- Raffles and prizes to give away
- Car Boot Sales
- Various Stalls will be set up to purchase various items

Alternatively make an appointment @ Success or Spearwood
Monday—Thursday 9am—5pm
Contact the VRC on 9411 3490 or
Email volunteering@cockburn.wa.gov.au

Volunteer Positions available



Creative Writing Volunteer—Volunteer Resource Centre

A volunteer is needed to write creative and exciting position descriptions for the VRC.



Visiting Volunteer for Social Support—St John Ambulance Community Care

Visiting the frail, aged or disabled. You might take them to appointments, or just have a chat over a cup of tea.



Cat or Dog Carer – Animal Protection Society

Take time out to talk to the animals! Volunteers will assist in caring for and re-homing animals.



Administration Assistant—Volunteer Resource Centre

Assist with administrative tasks and support local volunteers in your community



Female Guide Leader—Guides WA

Want to be a role model to young females? Challenge yourself, become a guide leader today!



Dance Teacher Assistant—Autism Solutions Inc.

Warm and caring assistant with a sense of humour and creative flair to assist teacher with creative dance.

Volunteer In Our Schools

Current Opportunities available:

- become a School Volunteer Mentor
- volunteer in one of the many Breakfast Club programs
- become a Sportsfun Volunteer Assistant

To get involved or for more information

Contact the VRC on 9411 3490 or

Email: volunteering@cockburn.wa.gov.au



Get involved in National Youth Week

- March 29- Skate Comp 11am
- March 31- Mental Health Forum 10am
- April 2- Talent Contest 6pm
- April 4- Carnival 2pm
- April 5- Skate Comp 11am

All events open to 10-24 year olds

Cockburn Youth Centre» 25 Wentworth Parade, Success
Questions: 9411 3888» youth@cockburn.wa.gov.au